

### 3.3.2023 Pastor's Page

This week in worship Our scripture this week is John 3:1-17. The sermon title is *Go From Your Country*, where we look at Abraham and Nicodemus, as each of them is ask to leave what is familiar and journey into the unknown. Helping me with worship this week is Rev. Judy, as it is a **Communion Sunday**. She will deliver liturgy and the Children's message; Kim Crom is our accompanist; and of course, our Sound Booth Team will keep us up and running. Our hopes and prayers for each of you and may God be with you. Rev. Deb

#### **Central UMC, Thank You All for Distinction Sunday!**

To Central Family of Faith, I thank you so much for this past Sunday the 26<sup>th</sup>. Totally unexpected, but I appreciate it and that I was able to be there. There certainly are more people in this Family that have done or are still doing more than I ever did. Keep up the good work. This is what makes Central a great family of faith!

Thank you, Lee Helmbrecht

#### Worship News

**Saturday, March 4<sup>th</sup> - 11A.M. Billy Mae Owings FUNERAL with light lunch.**

**Sunday, March 5<sup>th</sup> - 26<sup>th</sup> - Lenten Worship Series - Learning to Live Inside Out**

**Sunday, March 5<sup>th</sup> - Communion Sunday with special music!**

**Sunday, March 12<sup>th</sup> - Daylight Savings Time**

**Sunday, March 19<sup>th</sup> - UMCOR Sunday**

**Sunday, March 26<sup>th</sup> - Let's be in prayer.**

#### Easter Schedule

Sunday, April 2<sup>nd</sup> - Palm Sunday - Worship: Choir Cantata and celebration of the Palms

After Worship: Easter Egg Hunt for everyone!

Thursday, April 6<sup>th</sup> - Maundy Thursday/Good Friday Worship at 7 p.m.

Sunday, April 9<sup>th</sup> -

An Easter Sunrise Service will be held at Palmer Park with other United Methodists @6:30 a.m.

Then an Easter Breakfast will be served at the Church @8:00 a.m.

(Come after the Sunrise - the coffee is on)

Easter Worship at 10:00 a.m.

#### Prayers

Rev. Judy Owsley, Bob and Barbra Morris with Covid

For the daughters and their families of Billie Owings:

(Roger and Vicky Sams, Kathy Andrew, and Lani Bosick)

June Salladay still in rehab, doing well.

Ace Heyms. broke his ankle.

Kathy Andrew, Lani and Chelsea Bosick for their health

Norm Pechacek surgery is postponed due to blood clot

Sandy Kirkpatrick, Adrienne Schipfer's mom, as she finishes her treatments.  
Lillian Bauserman on a walker and with oxygen but doing very well.  
Kathy Cole's son in law, Henry Robinson  
Trey Gilbert-DeGraffe, Mike Wheat,  
Our "WAVES," our country and its leaders.  
In mission: Kutela Katembo, Missionary in Angola, Africa  
Turkey, Syria, Russia

**News that serves and blesses our community.**

**Spring Hill UMC is gaining steps and more people sign up with them.**

Welcome to the walkers of Central UMC from Colorado Springs! We are happy to have you join us on our journey. We crossed the Atlantic and made it to the archipelago of Cape Verde Islands which were colonized by the Portuguese and played a central role in the Atlantic slave trade. We strolled along the Praia de Santa Maria beach, went to the top of Pico de Fogo volcano, and tried their national dish of capucha, which is a delicious maize dish. Before leaving, we chartered a catamaran to Boa Vista where we watched humpback whales and their babies.

Use the links below to Happy Walking!

[Click here for the devotional](#)

[Click here for the Spotify play list](#)



Our Lenten Devotional Walk to Jerusalem is a devotional like non-other. We have scriptures to reflect on and actions to complete, whether it counting your steps, reading a book with your kids/grand-kids, listening to music as you reflect,

or carrying out acts of Kindness.

All of these things can be found in our weekly devotional handout at church on the handout table, in this mailing every Friday, and in your email box.

You can also call the church anytime and Marie or Cheryl can email it to you.

*Join us, as we Walk through Lent (and Jerusalem) this season.*

**BE SURE TO TURN YOUR WEEKLY STEP COUNT INTO THE BOOT AT THE BACK OF THE SANCTUARY.**

And, watch for the grand total for each week as we and other United Methodist Walk our way through Lent.

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### **Kindness Challenges**

March 5 - 11 Focus: GRATITUDE Kindness Challenges:

1. Write a handwritten not to someone who always makes you smile.
2. Send a kind text to a loved one.
3. Spend some time with someone you don't know very well.
4. Complete a random act of kindness for someone.
5. Remind your closest friends how much you care.
6. Be kind to our planet: reuse and repurpose.
7. Be kind to yourself: dedicate some time to making a space for yourself that is calm and relaxing.

### **District Gathering - MARCH 18, 2023, 9am-12pm**

As a district, we gather at least once a year for fellowship, celebration, and learning. Please find the zoom link at the bottom and join us.

Also, I am happy to let you know that Rev. Jeff Rainwater will help facilitate a very pertinent conversation on ways to learn and know our neighborhood and reach out to our neighbors accordingly. Aging and decline are at the core of the struggle most churches are facing today. So, Rev. Rainwater's insight will benefit everyone irrespective of your church size.

Rev. Jeff has been serving our conference in different capacities for many years and knows the lay of our conference better than most. He currently serves as the Superintendent of Congregational and Community Vitality, and in that capacity, he provides resources and trainings to help local churches to continue to be vibrant, viable and vital in carrying out God's mission. Jeff writes:

*"In a culture where 'coming to church' is of less and less value for those not already coming to church, we must turn our focus from our welfare to the welfare of the cities, towns, neighborhoods in which reside. But how do we seek the welfare of our*

*communities? First, we must know our neighborhoods and neighbors. Who are they? What are their lives like? What do they need? Then we need to help them, and often this will mean partnering with them to bless each other.*

*We will spend some time talking about how to know our neighbor through tools and practices like mission insite demographic data, prayer walks, community conversations, and more. Who are the champions, servants, and elders we should know? Then we will talk about what partnerships we might form with individuals, organizations, other churches, etc. to make a difference in our communities. For in our community's welfare, we will find our own."*

More than any other time, we need each other's support, encouragement, and fellowship as God's people. So, I look forward to seeing and celebrating with you soon.

Shalom - Be Well Always!

Rev. Tezenlo Thong, PhD, District Superintendent, Peaks/Pikes Peak District Mtn. Sky Conference

**UMC District is inviting you to a scheduled Zoom meeting.**

**Time: Sat March 18, 2023, from 9 a.m. to 12 p.m.**

**Join Zoom Meeting**

<https://mtnskyumc-org.zoom.us/j/91794347652?pwd=OEIHT0VtaUpMTnBrMXA2OXZxUGNyUT09>

## Planning Ahead

**Sunday, March 5<sup>th</sup> at 10:am: Worship—Choir meets at 8:45 am**

**Sunday, March 5<sup>th</sup> at 11:00 am: Sunday School**

**Tuesday, March 7<sup>th</sup> at 9:30 am: Rev. Judy's Bible Study**

**Tuesday, March 7<sup>th</sup> at 6:00 pm: Trustees Meeting (Conf Room)**

**Wednesday, March 8<sup>th</sup> at 7pm: Bells practice**

**Thursday, March 9<sup>th</sup> at 5:30 pm: Rev. Deb's Bible Study**

**Saturday, March 11<sup>th</sup> at 9:00 am: Homelessness Panel (Calvary UMC)**

**Saturday, March 11<sup>th</sup> at 10:00 am: United Methodist Men at Gunther Toody's**

**Sunday, March 12<sup>th</sup>: Daylight Savings Time - Spring Forward**

**Sunday, March 12<sup>th</sup> at 10:am: Worship Sunday—Choir meets at 8:45 am**

**Sunday, March 12<sup>th</sup> at 11:00 am: Sunday School**