

3.24.2023 Pastor's Page

This week in worship the sermon title is ***Who Could Stand***, as we look at scripture in both the Old (**Ezekiel 37:1-14**) and New (**John 11:1-45**) Testaments. Helping me with worship this week is Cindy Medina, as our liturgist and Bob Spaete will deliver the Children's message; Jo Jackson is our accompanist; and of course, our Sound Booth Team will keep us up and running. Our hopes and prayers for each of you, as God's light shines upon you. And, may the Spirit of Easter flow in and through your thoughts more and more, as the Lord's Day approaches.
Rev. Deb

Easter Week 2023
at
Central United Methodist Church

April 2nd - Palm Sunday

**Worship at 10 a.m. – Celebration of the Palms,
Choir Cantata, and Communion**

**After church join us for an all church Easter Egg Hunt
and a game led by our youth. Stay and join the fun!**

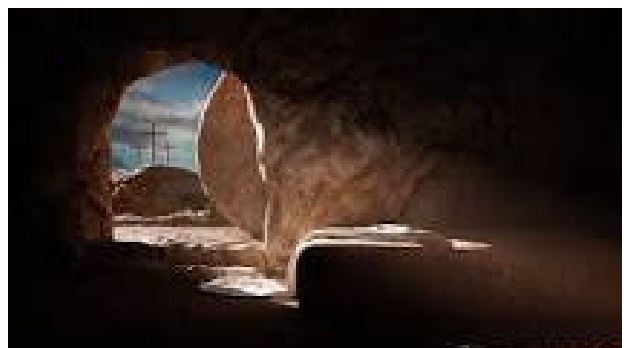


Thursday, April 6th – Maundy Thursday

**Worship at 7 p.m. – A prayer service
commemorating Holy Thursday and Holy/Good Friday!
Including a foot and hand washing stations,
along with Holy Communion.**

Sunday, April 9th – Easter Sunday

**6:15 a.m. - Sunrise worship presented by
Colorado Springs United Methodist Clergy
at Lazy Land Pavilion, Palmer Park
9 a.m.- Easter Breakfast Potluck
Breakfast/Brunch in Fellowship Hall**



10 a.m. – Easter Worship!

Prayers

Norm Pechacek surgery is postponed due to blood clot
Lillian Bauserman on a walker and with oxygen but doing very well.

Trey Gilbert-DeGraffe,

Our "WAVES," our country and its leaders.

In mission: Kutela Katembo, Missionary in Angola, Africa
Turkey, Syria, Russia

Lenten Devotional - Walk to Jerusalem

**BE SURE TO TURN YOUR WEEKLY STEP COUNT INTO THE BOOT
AT THE BACK OF THE SANCTUARY.**

And, watch for the grand total for each week as we and other United Methodist
Walk our way through Lent.



From: Smoky Hill UMC

Use the links below to Happy Walking!

This week we arrived in Valencia, Spain, a port city on the Mediterranean Sea. Our first stop was to the Llotja de la Seda (Silk Exchange) which is a beautiful, historic market of former silk traders. Our tour of Old Town included Spanish wine, tapas, and paella, a saffron flavored rice dish of chicken and seafood. We enjoyed our visit

to the futuristic and stunning City of Arts and Sciences. One evening we went to the Café del Duende where we were enchanted by a passionate flamenco show. The highlight of our stay in Valencia was the yearly UNESCO pyrotechnic festival where massive wooden monuments and cardboard sculptures are set ablaze to welcome the beginning of spring.

Miles walked this week: 1,024

Total walked on journey: 7,068

[Click here for the devotional](#)

[Click here for the Spotify play list](#)

Kindness Challenges

Week 5: March 26-April 1

Focus: MAKE A DIFFERENCE

Kindness Challenges:

1. If you eat out this week, leave an extra-large tip for your server and a compliment on the receipt.
2. Encourage someone you see struggling.
3. Put together a self-care basket for someone who really needs it.
4. Give someone you rarely talk to a compliment.
5. Unplug from technology today!!!!
6. Be kind to our planet: do full loads of laundry and dishes.
7. Be kind to yourself: stop what you are doing, close your eyes, and take a deep breath. Repeat 3-5 times.



Planning Ahead

Sunday, March 26th at 10:am: Worship —Choir meets at 8:45 am

Sunday, March 26th at 11:00 am: Sunday School

Tuesday, March 28th at 9:30 am: Rev. Judy's Bible Study

Wednesday, March 29th at 7pm: Bells practice

Easter Plans on April 9th

Easter Sunrise Worship with other United Methodists at Palmer Park on April, 9th, at 6:30 am

Easter Breakfast at 8:00 am at Central UMC

Easter, Sunday Worship at 10 am in the sanctuary