

3.31.2023 Pastor's Page

Holy Week starts this Sunday! Our time of personal and professional reflection is drawing near. I hope your walk with our Father, Son, and Holy Spirit has been enhanced and set right. We will follow our biblical story by celebrating **Palm Sunday** with the waving of Palms and laying down of coats as the children and enthusiastic adults parade up our aisles as the congregation sings *Hosanna, Loud Hosanna*. There will be no verbal sermon this Sunday, as our Choir, Director, Jon Ainsworth, Kim Crom and Jo Jackson, and our Chancel Choir will present their Easter Cantata, "**Behold The Lamb**" by **Lloyd Larson**. Produced by our awesome Audio Visual Team.

It is communion Sunday and we want to come to the table in preparation for our Holy Week journey. Rev. Judy Owsley and I will officiate and 4 teams of servers will be stationed around the sanctuary, as time will be crucial. We ask that you receive your meal from the team that is closest to your seat. The Children will meet in the Library at 9:50 a.m. to prepare for the Parade of Palms. There will not be a Children's message this Sunday, but look forward to its return on Easter!

After Worship, the fun begins with an intergenerational Easter Egg Hunt and Game lead by our Youth. There will be two areas for hunting, *adults need to curb their excitement and stay in their area. Please!* 😊 There will not be any Sunday School, but it will also return next Sunday on Easter!

Until then may the wind (slow down) be at your back, and the Spirit of Easter flow in and through your thoughts more and more, as the Lord's Day approaches. Rev. Deb

Service Opportunity!

We need helpers at our Maundy Thursday service, if you can serve others through tending the water in our foot and hand washing stations, please call/text me (Rev. Deb) at 303-720-2407. I need two more helpers.

Also, if any have plastic tubs, like the ones we get to take home after a hospital visit, I could use them. Bring them into the office by next Wednesday, April 5th. Thank you.

Easter Week 2023 at Central United Methodist Church

April 2nd - Palm Sunday

Worship at 10 a.m. – Celebration of the Palms,

Choir Cantata, and Communion

After church join us for an all church Easter Egg Hunt

and a game led by our youth. Stay and join the fun!





Thursday, April 6th – Maundy Thursday

**Worship at 7 p.m. – A prayer service
commemorating Holy Thursday and Holy/Good Friday!**

**Including a foot and hand washing stations,
along with Holy Communion.**

Sunday, April 9th – Easter Sunday

6:15 a.m. - Sunrise worship presented by

Colorado Springs United Methodist Clergy

at Lazy Land Pavilion, Palmer Park

9 a.m.- Easter Breakfast Potluck

Breakfast/Brunch in Fellowship Hall

10 a.m. – Easter Worship!



Prayers

WREN, Miss. (WCBI) – A little white church house in NE Mississippi that was built 172 years ago was completely demolished during this past weekend’s storms.

The [Tranquil United Methodist](#) church was actually hit by a tornado 101 years ago as well and rebuilt in 1922.

Lauren Gillentine King grew up going to the church every Sunday. She said it is devastating to see it in rubble, but that it’s the community that makes the church and not the building.

“It’s kind of amazing,” she said. “There has been a church here since the 1840s, and if I am not wrong, this is the third building on this site. Every time they pick up the pieces, the community’s faith is what holds it together. ”

Tranquil United Methodist in the loss of their Mississippi church,
Carol Zemple struggles to keep her blood pressure stabilized,
Norm Pechacek surgery is postponed due to blood clot
Lillian Bauserman on a walker and with oxygen but doing very well.

Trey Gilbert-DeGraffe

Our "WAVES," our country and its leaders.

In mission: Kutela Katembo, Missionary in Angola, Africa
Turkey, Syria, Russia



Lenten Devotional - Walk to Jerusalem
BE SURE TO TURN YOUR WEEKLY STEP COUNT INTO THE BOOT
AT THE BACK OF THE SANCTUARY.

And, watch for the grand total for each week as we and other United Methodist
Walk our way through Lent.



From: Smoky Hill UMC

Use the links below to Happy Walking!

We overachieved this week (with several people reporting miles for multiple weeks) and we have arrived in Jerusalem early. Our goal was 8,394 miles and we have traveled 8,683. We will spend the next weeks exploring Jerusalem, so keep reporting your miles. We first arrived in Milan, Italy where we visited the enormous Duomo di Milano gothic cathedral which boasts 3,400 statues and 700 marble figures. Our next stop was Albania

where we relaxed on the Albania Riviera and enjoyed tave kosi, a delicious dish of lamb, rice, and yogurt. We then traveled on to Afyonkarahisa, Turkey which sits between two continents of Asia and Europe. Its highest mountain is Mount Ararat which is believed to be the final resting place of Noah's Ark. We tried sucuk, a spiced sausage, drank very strong unfiltered Turkish coffee, and finished with lokum, a delicious Turkish dessert.

Miles walked this week: 1,615

Total miles walked on journey: 8,683

[Click here for the devotional](#)

[Click here for the Spotify play list](#)

Kindness Challenges this Week

Week 6: April 2 nd - 8 th Focus: GOODNESS Kindness Challenges:

- 1. Leave a sticky note with a kind message when you go out today.**
- 2. Share an encouraging poem with someone.**
- 3. Go on a walk and pick up trash along the way.**
- 4. Find a reason to laugh today. Tell someone a good joke!**
- 5. Write a letter or card and send it to someone who is not expecting it.**
- 6. Be kind to our planet: cut coffee cup waste by carrying your own reusable cup.**
- 7. Be kind to yourself: when you discover something that nourishes your soul and brings joy, care enough about yourself to make room for it in your life.**





PLANNING AHEAD



Saturday, April 1st: Be a Fool for Jesus

Saturday, April 1st at 10 am: Special Cantata Choir practice

Sunday, April 2nd at 10:am: Palm Sunday Worship—Choir meets at 8:45 am

Sunday, April 2nd : No Sunday School

Tuesday, April 4th at 9:30 am: Rev. Judy's Bible Study

Tuesday, April 4th at 6:00 pm: Trustees Meeting (Conf Room)

Wednesday, April 5th at 6pm: Join Rev. Deb's Bible Study class at the Easter Celebration Seder Meal at Sunrise United Methodist Church

Wednesday, April 5th at 7pm: Bells practice

Thursday, April 6th at 10:00 am: Naomi Circle

Thursday, April 6th: No Rev. Deb's Bible Study

Sunday, April 9th at 6:15 am: Easter Sunrise Worship presented by C/S United Methodist Clergy at Lazy Land Pavilion, Palmer Park

Sunday, April 9th at 9:00 am: Easter Breakfast at Central (Fellowship Hall)

Sunday, April 9th at 10:am: Worship Sunday—Choir meets at 8:45 am

Sunday, April 9th at 11:00 am: Sunday School